



It's New Year's all over again!

We love any cause for celebration and this month we've been tickled pink with Valentine's Day, and ended it with a bang. Gong Hey Fat Choy! To keep the party rockin', we are giving away a fabulous video prize valued at \$1490! #You'rewelcome. But first, here's our roundup of news and insightful commentary from this month.



[Not on social media? I don't think you're paranoid](#)

Hackers gonna hack.



Our pick of this year's hottest style trend

"I either dress like I'm going to a red carpet event, or like I'm a homeless person. There's no in between."

Plus, hear from our guest blogger, Flite Fitness head trainer, Ashley McLachlan



Paleo: bringing bacon back since the stone age

Man eat meat for health.

And in other news...



It's prize time!

Our good ol' buddy ol' pals at Ridge Films are giving away a free profile video **valued at \$1490!** Just send us your best attempt at an amateur video (aka you + camera = Oscar worthy film entry) and you'll go in the running to win a professional profile video produced by Ridge Films. Send us the file via Dropbox, Google Drive, Yousendit or for the super brave, YouTube or LinkedIn!*

*Entries close 13 March. Must be based in Sydney and available for filming 26 March.



Fashion with compassion

You're invited to [FASHION WITH COMPASSION](#), a runway event on Wednesday 18th March, from 5.30pm at Macquarie Group, 50 Martin Place, to support [Lotus Outreach Australia](#) - a charity that assists the well-being of disadvantaged women in Cambodia. The event will feature looks from leading Australian designers, such as Ginger and Smart and Camilla and Marc, plus there will be loads prizes on offer! To secure a ticket to this exclusive event, please make your donation and register [here](#).

Plus, this month's top tweet!

Ahh Malcolm Turnbull - he's a man after our own political hearts, with this tweet defending the actions of Human Rights Commission President, Gillian Triggs. Right on, bro!



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The fine print: We disclaim nothing. In fact, we're quite proud of our newsletter!

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